Grand Oaks High School

Student Athletic Trainer 9th grade Shadow Program

Our school is growing in population every year (~20% increase in student population next year), as this number goes up, our numbers go up as well. In order to grow we have to change to meet our new challenges. Starting this year, we will be transitioning our 9th graders from in class participants to after school shadowing. The main reason for this is historically we have anywhere from 15-20 9th grade students in an athletic training room that that has 4 tables and 2 taping tables. As we grow there isn’t room in the athletic training room to handle both our athlete population and our student trainer class’s needs.

This transition gives our incoming 9th graders a chance to be a part of our program but also allows them more flexibility in their schedule for other classes they may want to take. We have run into the problem with juniors/seniors not being able to be in the class/program due to lack of credits/classes.

We want to have a set number of shadows so that’s why we are having you fill out the attached form.

New parameters for incoming freshmen

* 30 hours per semester (once you have hit 30 you are done)
  + Failure to meet the 30 hours each semester will result in not being considered for the program next year.
* Each night your hours have to be signed off by the supervising athletic trainer in our shadow binder (we will not be signing off on things days/weeks after the fact)
* We will have slots for volleyball games, football practices, and sub varsity games (home only) during the fall semester
  + Volleyball Games-1 student per game
  + Football Practices-4 students per practice
  + Sub Varsity Games- 2 students per game
* We will have slots for winter/spring home games only
  + Basketball, soccer, softball, and baseball
  + One student per game
* The shadow binder will have a monthly master schedule that will use to sign up for event/practice shadowing.
  + One for events and one for practice coverage
* Keep on top of your grades and behavior, our teachers and AP’s reach out to us all the time with both the good and bad.

Grand Oaks High School

Student Athletic Trainer 9th grade Shadow form

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| **STUDENT INFORMATION (Please print legibly) Due by the last week of school** |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_ SID#\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_

Student Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Cell: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
| Guardian 1: | Guardian 2: |
| Cell: | Cell: |
| Email: | Email: |
| Relationship: | Relationship: |

**Please list all other clubs, organizations, and extra-curricular activities that you are involved in inside and outside of school.**

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**Student Athletic Trainers are often asked to work beyond school hours:**

Will transportation be a problem for you to attend before/after school practices, games YES NO

Do you plan on having a job while working as a Student Athletic Trainer YES NO

If yes, would you be willing to schedule around Student Athletic Trainer Duties YES NO

My Son/Daughter has talked with me about their interest in the Athletic Training Program at Grand Oaks High School. We understand that shadowing during the 2024-2025 school year does not mean automatic acceptance into the program for the 25-26 school year. We understand that any violations or misconduct may result in disciplinary action or immediate dismissal from the program.

**Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**